Windmill Hill News
Written by local people,
for local people.
Welcome to our Autumn 2015 Newsletter Issue 2

Taylor Goodall gets called up to the Great Britain Taekwondo Team!
More on Page 2

Also in this issue:
Norton Priory undergoes major refurbishment
Kristina Owens launches new indoor market.
E.L.L.A. goes from strength to strength!
Welcome to the Autumn edition of the Windmill Hill Big Local Newsletter. Firstly a huge “thank you” to everyone who has written articles and submitted information for this bumper edition! Huge thanks too to resident Donna Riley for helping with the design and layout to make it look a lot more professional!

Last but definitely not least is a huge CONGRATULATIONS to Taylor Goodall for being selected to train full time as a GB athlete in Manchester! What a great Achievement! I’m sure the whole of Windmill Hill will be watching her progress and wishing her all the best!!

Iain Hunter

Taylor going for Gold!

“I just wanted to share some very good news with you.

Taylor was approached by GB Taekwondo about 4 weeks ago and was asked to come and join the senior squad as a full time athlete. They said Taylor has been spotted as talent and has the potential to go and win medals on the big stage including 2020!

She accepted the offer and today has moved to Manchester to fulfil her dream as a full time GB athlete. She will now train fulltime at GB and also continue with her education too.

We really cant believe this opportunity, but would like to say thanks to yourself and the Big Local for Taylor and supporting her when needed.

Thanks to you and the Big Local team”

Christine

Let’s hope Taylor can add to her impressive collection of trophies and medals!
The Runcorn Child Contact Centre opened its doors to separated and divorced parents over 20 years ago. Situated within Christ Church, Castlefields, it offers a welcoming and safe environment for children to meet and interact with their non-resident parent.

The centre is completely free and offers a selection of toys and games, giving the parent a chance to spend quality, relaxed time with their children, refreshments are also provided.

Run by volunteers and supported by Ann Entwistle, (Assistant Co-ordinator) and Norman Miller, (Co-ordinator), it partners with Widnes Contact Centre, each of them being available bi-weekly. Some parents choose to visit both centres, although some prefer to choose their local one.

Other relatives who wish to visit the children at the centre can be accommodated although this and the taking of photographs would have to be agreed by both parties beforehand. We understand that some parents may not want to come into contact with each other and this can also be arranged without any problem.

Anybody wishing to use this service should contact Norman on 01928 591765 who will then issue you with a short form to fill out. All details can be included and arrangements can then be made to meet up at a given time. The centre is available alternate Saturday's between 1.30 and 4pm, is very informal and offers a chance to rebuild and maintain a loving relationship in a friendly and happy atmosphere.

We look forward to meeting you.

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If you are a carer and live in Windmill Hill you can meet up with Carer Support Worker Rose Bellair every fortnight on Fridays at Windmill hill GP Practice from 9.30-1130. You don’t have to be a patient at the practice to obtain information, advice and support from Rose. If you know of any carers who aren't registered with the Carers Centre they can be registered by Rose. She will be in next at the GP Practice on 16th and 30th October.

We also hold a fortnightly outreach surgery on Mondays at Castlefields GP Practice. The next date for outreach is Monday 2nd November 9.30-11.30.

Rose with Mike Shepherd—Chair of Halton Carers Centre
In 2010, with the failure of the central heating system, leaks developing from the roof in the museum and water ingress in the 12th century undercroft, Norton Priory’s future was uncertain.

A £4m grant from the Heritage Lottery Fund, together with funding from Arts Council England, Garfield Weston Foundation, Wellcome Trust, Foyle Foundation and a number of other funders has meant that Norton Priory and Halton Borough Council are now transforming the site. The capital project will see the complete restoration of the undercroft and the redevelopment of the museum that will result in more than three times the number of artefacts exhibited than were previously in new, state-of-the-art displays. These exhibitions will feature the results from the latest research into the collections including the community excavations at Halton Castle and the DNA testing of some of the skeletons of people who were buried at Norton in the Middle Ages. Loans from national museums will also be able to be accepted for the first time.

As a result of this major redevelopment, the museum, ruins and walled garden will be enhanced attracting many more people and becoming a regional heritage attraction in the North West.

Water ingress in the undercroft has cracked many of the tiles, lifted and damaging the floor in places. This project will completely restore the 19th century tiled floor and re-point the medieval stonework.

A new first floor gallery will double the available display space and link artefacts with the locations in which they were found outside in the grounds.
As well as capital funding, the project includes activity from major re-enactment events to traditional skills training and volunteering. Thanks to Big Local support, a new outdoor play area will feature in the woodland around the museum and as with all of the wonderful assets at Norton will be freely accessible to Windmill Hill residents.

Construction is now well under way and the museum is due to reopen in August 2016.

This new atrium area will link the undercroft with the exhibitions, providing an open, welcoming reception area. There will also be a new café with an outdoor space at the front of the museum.

Ideas for a new play area within Norton Priory grounds

St Bert's Church is open for coffee and cake
Wednesday's
10.15am to 11.30am
Come and join us for relaxed chat and home made cakes and fresh coffee
To celebrate Wellbeing Enterprises’ 10th anniversary this summer, here’s a list of all of our FREE courses and activities running over the next few months – come along to any of our courses to learn top-tips to boost your own, and other people’s, wellbeing. For further information or to book a place on any course please contact the Wellbeing Enterprises team on 01928 589799, email info@wellbeingenterprises.org.uk or book online via www.wellbeingenterprises.org.uk.

Wellbeing Enterprises was established in 2006 as the first wellbeing Community Interest Company in the UK.

We are a pioneering leader in the health and wellbeing sector that offers bespoke products and services to improve the health and wellbeing of individuals and communities.

We also provide specialist support to health and social care professionals and organisations to enable them to put wellbeing at the core of what they do. We have, and are continuing to, demonstrate a sustainable impact within the health and wellbeing sector.

We offer FREE fantastic courses, workshops and activities around Runcorn and Widnes see our programme of activities for details.

Tom is based in Windmill Hill Medical Centre every Monday at 9.30am to 12.30pm and offers a FREE confidential consultation. You can make an appointment through you GP practice, or give us a call and book yourself.

<table>
<thead>
<tr>
<th>Course/Event</th>
<th>Venue</th>
<th>Starts</th>
<th>Length &amp; Cost</th>
</tr>
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<tbody>
<tr>
<td>Living Well</td>
<td>Grangeway Community Centre, Grange-way Rd, WA7 5HA</td>
<td>Tuesday 24th November 1.30pm-3.30pm</td>
<td>4 Weeks – Limited FREE places</td>
</tr>
<tr>
<td>Sleep and Relaxation</td>
<td>Castlefields Community Centre, Tyrell Way, WA7 2HS</td>
<td>Friday 6th November 10.30am-12.30pm</td>
<td>4 Weeks – Limited FREE places</td>
</tr>
<tr>
<td>Mental Health First Aid</td>
<td>St Edwards Church, Ivy Street, WA7 5NZ</td>
<td>Wednesday 14th October and Thursday 15th October 9.30am-4.30pm</td>
<td>2 Days- Limited FREE places</td>
</tr>
<tr>
<td>Christmas Chocolate Models</td>
<td>Murdishaw Community Centre, Barnfield Avenue, WA7 6JW</td>
<td>Thursday 22nd October 9.30am-11.30am</td>
<td>6 weeks- Limited FREE places</td>
</tr>
<tr>
<td>Twiddlemuff Sewing</td>
<td>Runcorn Shopping Centre (Room TBC)</td>
<td>Tuesday 22nd October 9.30am-11.30am</td>
<td>6 weeks- Limited FREE places</td>
</tr>
<tr>
<td>Dress Your Best For Less</td>
<td>Runcorn Shopping Centre (Room TBC)</td>
<td>Friday 16th October 12.30pm-2.30pm Halton Lea Shopping Centre</td>
<td>3 weeks-- Limited FREE places</td>
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What’s on Windmill Hill?

Halloween Disco!

Windmill Hill Primary School
Friday 30th October
5-7pm
Free entry

Free buses from Windmill Hill to the Runcorn Fireworks Display

Windmill Hill Big Local in partnership with Liverpool Housing Trust have commissioned free buses to operate on Thursday 5th November to give you the opportunity to take part in a great night of entertainment starting from 6.30pm followed by a firework display at 7.30pm.

Passengers boarding buses from the Windmill Hill Centre and Southwood Ave bus stops to the Runcorn High Street Bus Depot will be eligible for free travel at these times.

Service 200 at 18.27pm and 18.57pm

Passengers will board the bus and receive a free return ticket from the driver. This must be retained for the return journey otherwise a charge will be made.

The return journey to Windmill Hill Centre and Southwood Ave bus stops will be on.

Service 14B at 19.55pm, 20.28pm and 20.58pm

Please note: You will be charged for journeys outside of these times.

Turkey and Tinsel!

Coach trip to Southport for a Young at Heart festive luncheon.

15th December: Places limited.

For more information or to book contact Kerry 0151 5118642
SHARE THE WARMTH EVENT
19TH NOVEMBER 12-3PM AT
ST BERTELINE’S CHURCH
WINDMILL HILL

HOTPOT MINCE PIES  TEA COFFEE
CHRISTINGLE MUSIC  ACTIVITIES CHOIR
AND MUCH MORE!

First aid education from the British Red Cross Training is also available from
10.30-12.00

The British Red Cross is offering first aid sessions to people who may be more likely to use these newly learned skills in an emergency. We teach first aid skills that are easy to learn, easy to do and easy to remember.

You could help to save someone’s life, is there any greater gift?

Transport a worry? Free taxi service for Windmill Hill residents, please confirm when booking.

TO BOOK A PLACE ONTO THE TRAINNING
OR FOR MORE INFORMATION CONTACT

Kerry on 0151-511-8642
Fancy a trip on a Canal Boat?

Short round trips to Preston Brook leaving from Windmill Hill.

Tuesday 27th October to check in and walk to mooring.

Meet at Priory View, Southwood Avenue at 10am, 12noon or 2pm on

BOOKING ESSENTIAL!

Call Val at the Canal Boat Adventure Project to reserve your place. 01928 718100.

Only 11 places available on each sailing.

Sorry no under 7’s – due to insurance.

Please inform Val if you think you may need help with the boats narrow steep stairs.

Urban Café opening soon in Phoenix Park!

“Urban Café is our brand new exciting community project coming soon in late October, as well as serving our own special brand of coffee and traditional wholesome, healthy food we plan to really engage with the community as we will be putting on a lot of local exciting events which will appeal to all age groups.

We will have in place some fantastic cycle storage pod’s for all the community use as well as some hire bike’s to encourage people to get back on the bike in a lovely environment.

As a company we are all about enthusiasm, energy and fun and like to think this will

We are really excited about this opportunity and cannot wait to open our doors to the public so everyone can see what we can offer to our local community. See you there” Mike Wheelhouse
E.L.L.A. Performance group is an inclusive group which was established in 2009.

In 2007 we had a workshop starting out doing our version of the X factor with only 10 members. Our membership is now 75 members of all abilities and circumstances, their ages range from 3yr to 40 plus yrs. of age.

In 2010 we won the Positive Action Award at the disability awareness day in Warrington. We have been asked back every year since to perform at the arts marque at the DAD day.

We are now in our 6th year performing at the local Brindley theatre in Runcorn and we have been very successful with full houses for the last 6yrs. This year we did Oliver the musical in February on the Saturday evening, Sunday evening and for the first time this year a Sunday matinee with all performances getting a resounding standing ovation.

We have just finished doing Oliver at the Parr Hall with again a standing ovation. We have three tutors all of whom have vast experiences as performers on stage and on screen, we have a dedicated group of volunteers made up of carers and parents that help from costume making, helping out backstage and helping with the acting and dance routines.

The work we do is very rewarding as it develops our performer’s social, personal and confidence building skills.

Our Next big production is Peter Pan the musical which will be on at the Brindley on the 20th and 21st of February 2016 tickets are on sale now at 10.00 that can be bought at the box office.

Windmill Hill residents play a big part in all aspects of ELLA and we would welcome new members both in our performance group, and newly established group set up for parents and carers.

ELLA is all about opportunity, the opportunity to perform the opportunity to shine but most importantly the opportunity to be part of an inclusive community.

For further details about either ELLA performance group or ELLA parent/carers group contact Mal Hampson on 01928 576566 Ingrid McClure on 01928 710290

In 2011 we were at the Liverpool Film festival after winning the Clapperboard award for best film and best actress in the Performing Arts for our film, ‘The Long Goodbye’.

Article by Windmill Hill Resident Ingrid McClure
I am PCSO Scott Walker and I am the local officer who covers Windmill Hill. My Beat also includes Phoenix Park, Norton Priory Museum, gardens and Haddocks Wood. I have been covering this area since April and have been with Cheshire Police since November 2014. I am originally from Runcorn so I know the streets well and I am well known to many people.

I am taking responsibility for Windmill Hill after Paul Webster left to be a Custody Officer after 11 years patrolling the streets of Runcorn. I know Paul’s shoes, (or PC Paul/Terminator) as many of you called him, will be big shoes to fill. However, I hope I can follow in his footsteps and become a well-known respected member of your community. So, if you see me out and about on your travels please don’t hesitate to stop and have a chat.

PCSO 21741 Scott Walker, Runcorn NPU
Tel: 101
email: scott.walker@cheshire.pnn.police.uk
Twitter: @RuncornNPU

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We are always welcoming new patient registrations at our friendly Medical Centre located at:

**Norton Hill, Windmill Hill, Runcorn, Cheshire, WA7 6QE**

**Tel: 01928 82626 Fax: 01928 718619**

*Opening Times: Monday to Friday 8am – 6:30pm*

*Our Team: Practice Manager, GP’s, Practice Nurse, Health Care Assistant, Reception/Admin Staff*

*New patient registration packs available at our reception, alternatively, give the practice a call on the above number and we will be happy to post a pack out to you.*

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**Your New Local ‘Bobby On The Beat’**
Small children about to be carried off by large owl!
Have an idea for an event or activity?
Want to help us produce the newsletter?
Get in touch - we would love to hear from you!

What’s going on near you? Get your event, club or fair noticed.
Contact us with your ideas.....
this is your newsletter and your voice counts.
Contact Dan.ellis@groundwork.org.uk

A BIG THANK YOU to O2 for printing this newsletter free of charge
What a Nice Place to Live!

Living in Windmill Hill is very similar to living in a village in the country. The majority of residents are happy helpful people and many are either related or best friends. A high number have lived in the area for over twenty years and talk positively about their surroundings.

Back in the mid 1970’s when the estate was first built by Runcorn New Town it became the overspill for Liverpool, as Warrington was for Manchester. Surrounded by parks and steeped in history I have many conversations with people who say ‘you are so lucky having so much green space’... and we are!

Not many years ago I was unfortunate enough to have a house fire. Although the fire brigade had been called and I’d got out of the house, I had to stand in the street unsure what to do next. Not for long. My neighbours came rushing up to me and scooped me into their house, giving me gentle conversation and many cups of tea. As time went by their living room became full of members of my family and still the tea was flowing as the emergency services personnel joined the ever growing numbers.

Living in Windmill Hill, you never feel alone, but just feel part of one big family. There’s always someone to wave to, pass the time of day and converse with on the street. Stories being exchanged, local fairs arranged, there is always something going on in the local neighbourhood.

Every year bonfire night is celebrated by all. The children proudly gather old firewood and parents stand close to make sure all is safe. I'm proud to be a Windmill Hill resident and continue to be amazed by our beautiful area.

The Windmill Pub

Under New Management

As the winter nights draw in, where better to indulge in a couple of drinks and a main meal from our fantastic menu!

Sue and Neil offer a lovely warm welcome and community atmosphere.

QUIZ NIGHT EVERY TUESDAY

3 SATURDAYS OF THE MONTH WE HAVE A KAREOKE NIGHT AND THE LAST SATURDAY WE HAVE AN 'OPEN MIC NIGHT'

ALL FOOTBALL MATCHES LIVE

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http://drive-4-life.net

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For small/medium companies
A RUNCORN mum has launched a new indoor market. Mum-of-two Kristina Owens only came up with the idea six weeks ago. She approached businesses to see if anyone was interested and was overwhelmed with the response. The Mayor of Halton opened Halton Local Traders Market at Castlefields Community Centre in Runcorn on Saturday.

Kristina, aged 40, from Windmill Hill, said: “I wanted to create a community based market. “This venue has fantastic disabled access and is on the bus route. “It is an ideal place to hold a market. “The feedback has been fantastic. More than half have signed up for the next three months.”

Some 22 stalls sold various items ranging from knitted goods and homemade cakes to baby items, crafts, cards, candles and gifts. Kristina has been running parties and attending craft fairs for 15 years. She set up her own business when her five-year-old daughter, Charlotte started school.

She said: “When I was growing up I used to love going to the old town market and Widnes market with my mum. “I hope this will give new businesses that are finding their feet confidence and a platform to sell their goods. “It will also provide personal service and bring back an old tradition.”

The Mayor of Halton, Cllr Ellen Cargill said: “I think this is a tremendous initiative. “I was very impressed with it. There was a good turn out and a lovely selection of stalls. “There was a bakery counter selling pies and sausage rolls that they were going like hot cakes. “They are hoping to get more food, fruit and veg, fish and meat stalls. “I wish them every success. It will bring the community closer together.”

The monthly market will open on October 17, November 21 and December 5. Traders hope to run a free children’s grotto at Christmas.

Photo and article courtesy of Runcorn and Widnes World.
Windmill Hill Big Local is a once in a lifetime opportunity for us to make a real difference to our local area. Windmill Hill has been given a minimum of £1m to spend over at least 10 years - so this is no ‘quick fix’ but long term investment. However, it is up to us - the local residents to decide how best to invest this money to make long lasting change that benefits

To apply for a **Small Grant (<£500)**, **Volunteer** or find out more about **Big Local** contact Dan Ellis at Groundwork on 07881 335729 / 01606 723160 or dan.ellis@groundwork.org.uk or find me at Windmill Hill Children’s Center most Mondays.